

## Prayers by Grade Level

Included in our religion curriculum is prayer. Students are asked to learn new prayers throughout their time with us. Below is a list by grade level of the prayers students are expected to know and recite.

PK: Sign of the Cross  
Guardian Angel

K/1<sup>st</sup>: Lord's Prayer (Our Father)  
Hail Mary  
Glory Be  
Morning Offering

2<sup>nd</sup>: Act of Contrition

3<sup>rd</sup>: Review of all previously  
Learned prayers

4<sup>th</sup>: Nicene Creed

5<sup>th</sup>: Nicene Creed  
Gloria  
Prayer of Saint Francis

6<sup>th</sup>: Come Holy Spirit  
Memorare  
Prayer to St. Michael the Archangel

7<sup>th</sup>/8<sup>th</sup>: Hail Holy Queen  
Apostles' Creed

### **Sign of the Cross**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

but deliver us from evil.  
Amen.

### **Hail Mary**

Hail Mary, full of grace,  
the Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

### **Guardian Angel Prayer**

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide.  
Amen.

### **Glory Be to the Father**

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

### **Lord's Prayer**

Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,

### **Act of Contrition**

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God, have mercy.

### **Gloria**

Glory to God in the highest,  
and peace to God's people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks;  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. *Amen.*

### **Morning Offering**

O loving God, I give you today, All that I think,  
and do, and say. I give you my love with Jesus,  
Your son. I will try to be kind and love  
everyone. Amen.

### **Prayer of Saint Francis**

Lord, make me an instrument of your peace:  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master, grant that I may not so much  
seek to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.

For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.  
Amen.

### **Prayer to the Holy Spirit**

Come, Holy Spirit, fill the hearts of your  
faithful.  
And kindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you will renew the face of the earth.  
Lord, by the light of the Holy Spirit you have  
taught the hearts of your faithful.  
In the same Spirit  
help us to relish what is right  
and always rejoice in your consolation.  
We ask this through Christ our Lord.  
Amen.

### **Memorare**

Remember, most loving Virgin Mary,  
never was it heard  
that anyone who turned to you for help  
was left unaided.

Inspired by this confidence,  
though burdened by my sins,  
I run to your protection  
for you are my mother.

Mother of the Word of God,  
do not despise my words of pleading  
but be merciful and hear my prayer.  
Amen.

### **Prayer to St. Michael**

St. Michael the Archangel, defend us in battle;  
be our defense against the wickedness and  
snares of the devil.

May God rebuke him, we humbly pray;  
and do you, O prince of the heavenly host,  
by the power of God,  
thrust into hell Satan and the other evil spirits  
who prowl about the world for the ruin of souls.  
Amen.

### **Hail, Holy Queen**

Hail, holy Queen, Mother of mercy,  
hail, our life, our sweetness, and our hope.  
To you we cry, the children of Eve;  
to you we send up our sighs,  
mourning and weeping in this land of exile.  
Turn, then, most gracious advocate,  
your eyes of mercy toward us;  
lead us home at last and show us the blessed  
fruit of your womb, Jesus: O clement, O loving,  
O sweet Virgin Mary.

### **Apostles' Creed**

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the  
Father almighty;  
from there he will come to judge the living and  
the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

### **Nicene Creed**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation  
he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.